



Upcoming events...

- April 9th - Monthly assembly
- April – IA –III Exams, College Day, Educational Tour for III years
- May – Vacation Training for II and III years.
- June – NGO visits and village visits for I, II, III MS students.

Voice of the Editor...

"Gracious words are like a honey comb, sweetness to the soul and health to the body." Proverbs 16:24; The Bible

It was indeed a great honor to be the Online Newsletter Editor of MMM College of Health Sciences for more than a year and it is a great joy to launch the second volume of the CHS GAZETTE .I appreciate and thank all those who contributed their skilled writings and I expect the student body to share more of their clinical experiences, camp visits, conferences and trainings undergone.

Wishing you all a happy and a fruitful year ahead!!!

- Gemwin Riana, Lecturer

"Whoever restrains his words has knowledge, and he who has a cool spirit is a man of understanding" Proverbs 17:27; The Bible



Estrella 2016



It's one of the best memories that every III yrs of MMMCHS 2013- 2016/2017 batch will cherish. One leap year to remember and the next leap year everyone will be in different places. Being the organizers for the culturals, prelims were the best part of the duty to be done. From decorations, bringing in the guest till arranging programs, all 3 days were really hectic but fun was in the air. The hospitality group, the arts group, the on stage and off stage group, the compeering group, etc. everyone did their job perfectly."UNITY IN DIVERSITY "was seen throughout and that made the programs a big success. But all these would have not been complete if we hadn't got the permission and freedom to do the programs as we planned. It's all because of our principal and our lectures support. And at last there was a photo session which made us all feel happy about us. All these added memories to the diary of my life... **Meril, III BSc PA**



REPUBLIC DAY 2016

Republic day is very special and important occasion for India and people living in India. Every year we have been celebrating this on January 26th. This year it was a nice experience in our college. A day before 26th January we decorated our college in tri-colours. On the republic day we students gathered near our atrium during flag hosting. We did march past and gave a salute to our guest speaker which gave us a wonderful experience. Flower petals and balloons were showered from the air of a tri-colour of saffron, white, green. As a part of republic day our seniors sang a patriotic song which made my hand to get goose bumps and programs like even dance, speech. At the end of the program we all got sweets and chocolates as a celebration of this auspicious day, we all enjoyed a lot with patriotism in our heart. Other than the celebration, I feel we should also remember our freedom fighters who struggled a lot for this day; they made our nation united with love and care.



A day to remember when
India's constitution came
into force on January 26,
1950!



The most valuable and most artistic materials in the history of man are treasured in India. So always be loyal to our nation by protecting our national resources and environment. I am happy to be an Indian.
JAI HIND!!!
-Merin Ann Mathew, I Bsc OTAT

Graduation day

The 12th Graduation day of MMM College of Health sciences was held on 26th February 2016 at Madras Medical Mission in which 76 under graduates and 19 post graduates have been awarded their degree in various discipline. The Chief Guest Rev.Fr.Dr.S.Ignacimuthu, Director – Entomology Research Institute, Loyola College, Chennai conferred the degrees and delivered his speech on value of Education that aims at making us better human beings, conscious of our moral and social responsibilities. Dr.K.Jacob Hon'y Secretary,MMM, Mr.Chерian Abraham, Treasurer, Mr.Geroge Cherian Director Admin, Mr. Jacob Kurian Board member, Dr. Georgi Abraham, Director of Nephrology and Principal Dr. Deepa C. Philip were presided over the function. The President gold medallion was awarded to Mr.Sam Dev Irakkam BS Physician Assistant of BITS who secured the highest marks 9.54 on a scale of 10. Ms.Kanaga Durga was awarded P.C Kurian Gold Medal in memory of late Mr.P.C Kurien, for excelling in M.Sc Clinical Nutrition course.



YRC & NSS Activity

As a part of the YRC and NSS activity, MMMCHS and Tanker foundation jointly organized a Human Chain Campaign on World Kidney Day – 10th March 2015. Nearly 45 students actively participated in the campaign. Students formed the human chain link at Collector Nagar, Thirumangalam and near HP petrol Bunk. Awareness on the importance of Kidney and tips to prevent kidney disease was created through pluck cards, posters and banners, students recited slogans on effects of kidney disease. Students also explained and distributed pamphlets to the public which was highly appreciated by the general public.



Impact on organ donation and Transplantation



Dr.Sumana Navin and Ms.Sunitha, Mohan Foundation with students of Medical Sociology MMM College of Health Sciences

On 23rd March 2016, 12 students of Medical Sociology (Bachelors and Masters) Madras Medical Mission (MMM) College of Health Sciences, accompanied by lecturer Mr. S. P. Raj attended an orientation at MOHAN Foundation. Organ donation and transplantation is impacted by a number of socio cultural factors and therefore medical sociology has great relevance in this field. Dr. Sumana Navin, Course Director, spoke to the students about Mohan Foundation's role in the deceased organ donation programme since 1997. She then went on to talk to them in detail about the What, Why, When, Who and How of organ donation and transplantation. Films on brain death and a recipient's experience as well as promotional films on organ donation were shown. Ms. Sunitha, Transplant coordinator began her session with a case study presentation to help the students better understand the concept of counselling. Two students Miss. Bhavani and Mr. Augustine of our college, who had donated blood, were felicitated for their inspiring

FIRE & SAFETY

MMMCHS

organized seminar on Fire & Safety training on 25th January as a part of the NSS Activity. Students were given awareness on the methods, types, suitability and operation of Fire Extinguishment. They also learnt some fire control actions and remedies to be taken.



Health Education The Tamil Nadu Development Association organized a one-day health seminar “Dengue, Mosquito Eradication and Environmental Sanitation” on 19th March. The students of Medical Sociology of MMMCHS accompanied by Dr. G. Jothamani and Mr. S. P. Raj participated with great enthusiasm.



A Two-day National Conference SHAKTI 2016 (Sociology of Health, Awareness and Knowledge and Transformation Impact) was organised by the department of Medical Sociology and Clinical Nutrition **MMMCHS** to commemorate Women's day on March 7th and 8th. The conference was jointly sponsored by Indian Council for Medical Research and Indian Council for Social Science Research. The Conference generated very good response as 415 participants registered for it and deliberated on topics covering various dimensions of Women's health including Sociological aspect of health, Nutrition and Reproductive Health.



Conferences attended!!!

February 4th & 5th - A two-day conference on “Recent advances in Biological and Chemical Sciences” at Annai Violet College of Arts and Science, where 34 students from MMMCHS accompanied by lectures Ms. Gokila and Ms. Saranya Mani, gained immense knowledge on Nanotechnology.

February 11 – Two day National Conference on “Emerging Infectious diseases and public health challenge” at Mohamed Sathak College where 52 students accompanied by lectures Dr. Bharathi and Ms. Senu participated with well behaved discipline that got them a special certificate of appreciation for their orderliness and self-controlled behavior.

March 3rd – One day CME program on “Emerging trends in Transfusion medicine” at The Tamil Nadu Dr. MGR Medical University where students of MSc Laboratory Technology, MMMCHS participated enthusiastically with many questions and with an urge of learning in their particular field.

Student's Testimonial !!!

My experience at a Medical Camp...On 17th February 2016, we the students of CPPT went for conducting a medical camp in Kola Sarawathy School at kilpauk near MMM clinic. We evaluated the students' health based on their height and weight. Doctors from MMM came and checked the students. Doctors also gave the students some health tips based on their age. Eye check up was also conducted. The students cooperated well. We checked their height, weight, BMI, pulse rate and blood pressure. The school management provided a good lunch for us. The teachers guided the students and helped us to manage them. It was a golden opportunity for us to check around 400 students. We enjoyed and learnt a lot. I am grateful to my college for giving an experience oriented study.

- Benesha, CPPT

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Picture gallery

