



MMM COLLEGE OF  
HEALTH SCIENCES

# MMM COLLEGE OF HEALTH SCIENCES

A Unit of the Madras Medical Mission

CHS GAZETTE

VOL IV ISSUE 7 , OCT-DEC 2019

## UPCOMING EVENTS 2020

### JANUARY 2020

National conference for  
Allied Health Professionals  
College Assembly  
Students Tour  
Republic Day

### FEBRUARY 2020

Internal Examination -2  
Sports Day

### MARCH 2020

College Assembly

## Principal's Message

"The lord will crown the year  
with your goodness and your  
paths with abundance"

Happy New year  
2020



### First Goal : BE FOCUSED

SINGLE FOCUS....A SINGLE AIM A SINGLE PURPOSE in  
life

Have you ever noticed the eyes of an Olympic runner  
when they are standing on the starting line waiting for the  
gun to go off? They aren't focused on the other runners.  
They aren't focused on crowd. They aren't focused on any  
other events being contested in other parts of the  
stadium.

Their eyes are totally focused on the finish line.

### Second Goal : BE FORGETFUL

We must believe in GOD'S PROMISE that HE HAS  
FORGIVEN AND FORGOTTEN OUR SINS,  
therefore we too must FORGIVE OURSELVES and FORGET  
OUR PAST.

### Third Goal : BE FAITHFUL

It is important to realize that God has a job for us to do.  
He has called us TO DO something. so be faithful in all  
that you do. If God DOES have a plan for your life. His plan  
will lead you to joy, fulfillment, contentment and eternal  
blessing.

Dr. Deepa C Philip, Principal  
MMMCHS

# University Examination

UG course : University practical examination for all UG courses was conducted during October 2019 as per the schedule. External examiners from Govt hospitals conducted the examination.

PG course : University theory examination for the PG course was conducted during the month October 2019.

## Awariness program

### Dengue

The students of II Bsc MLT along with faculty organised dengue awariness program in following schools. The students conveyed the awariness through skit, chart presentation about the reason and spread of dengue, danger encountered, symptom and remedies.

Hand wash techniques were enacted as part of the global hand wash day.



### Internship program

The IV yr students are beginning their internship from 1st Nov 2019. Hence they were given induction on 31st Oct 2019 on the rules and regulations pertaining to the internship .

### Conference Attended

The students of medical sociology attended two days conference at Madras Medical university on 17th & 18th of Oct 2019 on the topic Good Health and well being.



# **Awarness program - AIDS**

As part of NSS & YRC activity the students of had volunteered to create awarness among the public on AIDS. A rally was conducted on 30th Nov 2019 to mark the world AIDS day. Approximately 100 students have volunteered and participated in the rally from MMMCHS to MMM



## **MLT WORKSHOP**

Department of Medical Laboratory Technology has organised one day workshop on 29th Nov 2019 to create awareness on the subject among the science group students. The program was split into two sessions to explain in detail on the subject as well to promote the course. Quiz competitions were conducted for the participants and awarded with certificate and prizes. Approximately 200 students participated in the workshop.





# Sports & Cultural

The month of extra curricular activities has begun with a grand inauguration & celebration. The guest of honor for the inauguration was Mr. Enoch Newton, National level Athlete, Ms. Anu, Play back singer. Eco Club was also inaugurated to develop the interest of students towards environment.

Preparation for sports day, preliminary round, semi finals and finals for all the outdoor games like kabadi, kho kho, shuttle, volley ball and cricket was conducted in the near by corporation ground. Indoor games was also conducted for students.



Estrella 2K19 was celebrated on 16th & 17th Dec 2019 in the college campus competitions like rangoli, Mehndi, Cooking without fire, pencil drawing, hair, dressing, vegetable carving was conducted. On 18th & 19th Dec the events were conducted in sri welcome palace, ambattur. Celebrities like Sanam Shetty, Joe micheal, Arjith, Arun & Aravind were the guest of honor and they were judges for the events





# Joyeux Noel

MMMCHS celebrated its christmas on 17th Dec 2019 in the college campus. Fr Ninan Chacko was the guest of honor for the celebration, students performed skits, students choir and staff choir was performed. A special christmas message was given by father and cakes were distributed to the students.

As part of the christmas celebration, students visited vasantham special school. students volunteered to donate gifts and needs for the orphanage. Students conducted games and programs to entertain the children.



## Staff Tour

As part of the staff development welfare, staff tour was arranged on 20th Dec 2019. The place of visit was shelters resort, ECR Road chennai. Staff interested participated in the tour and actively participated in the events conducted. The outing trip was refreshing and rejuvenating to the staff.



**PATRON :**

Honorary Secretary, MMM

Honorary Treasurer, MMM

**ADVISOR:**

Dr. Jacob Jamesraj, Sr. Consultant, MMM

**CHIEF EDITOR:**

Dr. Deepa C. Philip, Principal MMMCHS

**EDITOR :**

V. Ashalatha, Asst Manager, MMMCHS

**TECH SUPPORT:**

J. Daisy Cleofa, Secretary, MMMCHS